

High & Junior High School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
5/6/24	5/7/24	5/8/24	5/9/24	5/10/24
Waffles w/ Syrup or Chocolate Donut Goldfish Graham	Breakfast Pizza with Egg and Bacon or Banana Muffin Goldfish Graham	Ham, Egg and Cheese on English Muffin or Blueberry Muffin Goldfish Graham	Cinnamon French Toast w/ Syrup or Strawberry Pop tart Goldfish Graham	Mini Waffles with Syrup or Chocolate Chip Muffin Goldfish Graham
Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk
5/13/24	5/14/24	5/15/24	5/16/24	5/17/24
Mini Pancakes with Syrup or Banana Muffin with Goldfish Graham	Breakfast Pizza w/ Egg and Bacon or Powdered Donut	Pancake Battered Sausage or Banana Bread	Mini Strawberry Filled Bagel or Chocolate Chip Muffin Scooby Graham	French Toast with Syrup or Blueberry Pop Tart with Scooby Graham
Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk
5/20/24	5/21/24	5/22/24	5/23/24	5/24/24
Pancakes with Syrup or Banana Bread	Breakfast Pizza with Egg and Bacon or Banana Chocolate Bar	Yogurt Parfait with Granola or Cherry Strudel	Bacon, Egg and Cheese on a Biscuit or Blueberry Bread	
Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	
5/27/24	5/28/24	5/29/24	5/30/24	5/31/24
	Breakfast Pizza with Egg and Sausage or Oatmeal Chocolate Chip Bar	Pancake Battered Sausage on a Stick or Cereal Bar Goldfish Graham	Yogurt Parfait with Granola or Mini Filled Bagel	Hot Ham and Cheese on English Muffin or Banana Bread
	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk
6/3/24	6/4/24	6/5/24	6/6/24	6/7/24
Chet's Choice				
6/10/24	6/11/24	6/12/24	6/13/24	6/14/24
Student Paid Breakfast \$0	Student Reduced Breakfast \$0	Adult Breakfast \$2.20		

What is a Meal?
 You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or grain/protein
Choice of fruit or vegetable (must take at least a 1/2 cup)
and
Choice of Milk
Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry

You must take at least 1/2 cup of fruit or vegetable

Whole Grain Cereal Selection May Include:
 Cinnamon Toast Crunch
 Trix
 Cocoa Puffs
 Fruity Cheerios
 Cheerios
 Fruit Loops
 Lucky Charms

Served with Toast

Daily Fruit Selection May Include:
 Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange, fruit punch, grape, orange pineapple, fresh fruit selection including apples, bananas and oranges, pears, other seasonal fruit as available.

General Manager
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Menu is subject to change based on product availability

This institution is an equal opportunity provider and employer

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