Secondary Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2/12/24	2/13/24	2/14/24	2/15/24	2/16/24
Waffles	Breakfast Pizza	Ham, Egg and Cheese	Cinnamon French Toast	Waffles
w/ Syrup	with Egg and Bacon	on English Muffin	w/ Syrup	w/ Sryup
or	or	or	or	or
Blueberry Pop Tart	Banana Muffin	Blueberry Muffin	Strawberry Pop tart	Chocolate Chip Muffin
Goldfish Graham	Goldfish Graham	Goldfish Graham	Goldfish Graham	Goldfish Graham
Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice
& Assorted Fresh	& Assorted Fresh	& Assorted Fresh	& Assorted Fresh	& Assorted Fresh
or Canned Fruit	or Canned Fruit	or Canned Fruit	or Canned Fruit	or Canned Fruit
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
2/19/24	2/20/24	2/21/24	2/22/24	2/23/24
		Pancake Battered Sausage	Mini Strawberry Filled Bagel	French Toast
Presidents'				with Syrup
Day	NO SCHOOL	or	or	or
* 6		Banana Bread	Chocolate Chip Muffin	Blueberry Po Tart
			Scooby Graham	with Scooby Graham
		Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice
		& Assorted Fresh	& Assorted Fresh	& Assorted Fresh
		or Canned Fruit	or Canned Fruit	or Canned Fruit
		Choice of Milk	Choice of Milk	Choice of Milk
2/26/24	2/27/24	2/28/24	2/29/24	3/1/24
Pancakes	Breakfast Pizza	Yogurt Parfait with Granola	Bacon, Egg and Cheese	Chocolate Chip Waffles
with Syrup	with Egg and Bacon		on a Biscuit	with Syrup
or	or	or	or	or
Banana Bread	Strawberry Pop tart	Cherry Strudel	Blueberry Bread	Apple Cinnamon Muffin
				Goldfish Graham
ssorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice
& Assorted Fresh	& Assorted Fresh	& Assorted Fresh	& Assorted Fresh	& Assorted Fresh
or Canned Fruit	or Canned Fruit	or Canned Fruit	or Canned Fruit	or Canned Fruit
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
3/4/24	3/5/24	3/6/24	3/7/24	3/8/24
Blueberry Pancakes	Breakfast Pizza	Pancake Battered Sausage	Yogurt Parfait with Granola	Hot Ham and Cheese
with Syrup	with Egg and Sausage	on a Stick	with Syrup	on English Muffin
or	or	or	or	or
Blueberry Bread	Oatmeal Choclate Chip Bar	Cereal Bar	Mini Filled Bagel	Banana Bread
		Goldfish Graham		
Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice
& Assorted Fresh	& Assorted Fresh	& Assorted Fresh	& Assorted Fresh	& Assorted Fresh
or Canned Fruit	or Canned Fruit	or Canned Fruit	or Canned Fruit	or Canned Fruit
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
3/11/24	3/12/24	3/13/24	3/14/24	3/15/24
Chocolate Chip French Toast	Breakfast Pizza	Ham, Egg and Cheese	Waffles	
with Syrup	or Cereal Bar	on Biscuit	with Syrup	
Or Apple Cinners Muffin		Or Franch Toget Propletest Par	Or Divologra Drood	NO SCHOOL
Apple Cinnamon Muffin	with Graham Crackers	French Toast Breakfast Bar	Blueberry Bread	NO SCHOOL
with Goldfish Graham		I		
ssorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	
& Assorted Fresh	& Assorted Fresh	& Assorted Fresh	& Assorted Fresh	
or Canned Fruit	or Canned Fruit	or Canned Fruit	or Canned Fruit	
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	3/22/24
3/18/24	3/19/24	3/20/24	3/21/24	• •
Mini Pancakes	Breakfast Pizza	Sausage, Egg & Cheese Burrito	Mini French Toast	Sausage, Egg and Cheese
with Curus	with Bacon and Egg	I	with Syrup or	on a Croissant or
with Syrup		Or .	. OI	ı UI
or	or	Or Divide and Muffin		-
· ·		or Blueberry Muffin	Blueberry Muffin	French Toast Bar
or Banana Bread	or Blueberry Pop Tart	Blueberry Muffin	Blueberry Muffin Goldfish Graham	French Toast Bar
or Banana Bread Assorted 100% Fruit Juice	or Blueberry Pop Tart Assorted 100% Fruit Juice	Blueberry Muffin Assorted 100% Fruit Juice	Blueberry Muffin Goldfish Graham Assorted 100% Fruit Juice	French Toast Bar Assorted 100% Fruit Juice
or Banana Bread Assorted 100% Fruit Juice & Assorted Fresh	or Blueberry Pop Tart Assorted 100% Fruit Juice & Assorted Fresh	Blueberry Muffin Assorted 100% Fruit Juice & Assorted Fresh	Blueberry Muffin Goldfish Graham Assorted 100% Fruit Juice & Assorted Fresh	French Toast Bar Assorted 100% Fruit Juice & Assorted Fresh
or Banana Bread Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit	or Blueberry Pop Tart Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit	Blueberry Muffin Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit	Blueberry Muffin Goldfish Graham Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit	French Toast Bar Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit
or Banana Bread Assorted 100% Fruit Juice & Assorted Fresh	or Blueberry Pop Tart Assorted 100% Fruit Juice & Assorted Fresh	Blueberry Muffin Assorted 100% Fruit Juice & Assorted Fresh	Blueberry Muffin Goldfish Graham Assorted 100% Fruit Juice & Assorted Fresh	French Toast Bar Assorted 100% Fruit Juice & Assorted Fresh

What is a Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or grain/protein Choice of fruit or vegetable (must take at least a 1/2 cup) and Choice of Milk

Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry

You must take at least 1/2 cup of fruit or vegetable

Whole Grain Cereal Selection May Include:

Cinnamon Toast Crunch Trix Cocoa Puffs **Fruity Cheerios** Cheerios Fruit Loops **Lucky Charms**

Served with Toast

Daily Fruit Selection May Include:

Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange, fruit punch, grape, orange pineapple, fresh fruit selection including apples, bananas and oranges, pears, other seasonal fruit as available.

> General Manager Edward Welch

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Menu is subject to change based on product availability

This institution is and equal opportunity provider and employer

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