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Helping Children Learn

### Carbon Lehigh Intermediate Unit #21

4210 Independence Drive  
Schnecksville, PA 18078  
(610) 769-4111  
cliu.org

 [facebook.com/CarbonLehighIntermediateUnit21](https://facebook.com/CarbonLehighIntermediateUnit21)  
 [youtube.com/user/CarbonLehigh](https://youtube.com/user/CarbonLehigh)  [@CLIU21](https://twitter.com/CLIU21)

*Revised November 2023*

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# Future Planning

# Independent Living

# Employment

# Self-Advocacy



Carbon Lehigh Intermediate Unit #21

## Family Reference Guide

A Guide to Transition Services



# TRANSITION RESOURCES

CLIU #21 Transition Resources Google Drive  
[tinyurl.com/CLIU-resources](https://tinyurl.com/CLIU-resources)

PA Secondary Transition  
[PASecondaryTransition.com](https://PASecondaryTransition.com)

The Pennsylvania Community on Transition is a group comprised of various stakeholders from across Pennsylvania who work collaboratively to ensure appropriate transition outcomes for Pennsylvania youth and young adults with disabilities. The team consists of representatives from the State Departments of Education, Health, Labor and Industry, and Human Services; Various Youth-Serving Agencies; Young Adults; Parent Organizations; Advocates; Higher Education; and Employers.

The PA Secondary Transition website will be continually updated with the latest transition events and resources for youth, young adults, parents, and professionals to assist in facilitating a young person's progress towards post-secondary goals related to education, employment, and community living.



## DIRECTORY OF SERVICES

### ADDITIONAL RESOURCES

Anthracite Region Center for Independent Living (ARCIL) ... (570) 455-9800 x23/(800) 777-9906  
 Bayada Home Health Care (Lehigh County) ..... (610) 317-2118  
 Bayada Home Health Care (Carbon County) ..... (610) 377-4717  
 Keystone Human Services (AVAIL) ..... [khs.org](https://khs.org) (610) 841-1949  
 Lehigh Valley Career Link ..... [careerlinklehighvalley.org](https://careerlinklehighvalley.org) (610) 437-5627  
 Lehigh Valley Center for Independent Living (LVCIL) ..... [lvcil.org](https://lvcil.org) (610) 770-9781  
 Mental Health/Intellectual Disabilities Developmental Programs (ID/DP) ..... [cmpmhds.org](https://cmpmhds.org)  
 OVR: PA Dept of Labor and Industry ..... [dli.pa.gov](https://dli.pa.gov)  
 PA CareerLink Carbon County ..... [carboncareerlink.org](https://carboncareerlink.org) (570) 325-2701  
 PA Career Guide ..... Google - PA Career Guide  
 PA Career Link ..... [pacareerlink.state.pa.us](https://pacareerlink.state.pa.us)  
 PA Department of D&A Programs - Treatment Hotline 24-7 ..... [ddap.pa.gov](https://ddap.pa.gov)  
 PA Eastern Pennsylvania 2-1-1 ..... [pa211east.org](https://pa211east.org) 2-1-1 / (717) 291-5462  
*FREE service for **Lehigh Valley residents**. Available Monday - Friday, 7:00 a.m. - 6:30 p.m.  
 Providing information on a broad range of services, including basic needs, health care, youth programs, counseling, food banks, housing, aging services and much more!*  
 PA ELKS Home Service Program ..... [paelkshomeservice.org/special-kids-network](https://paelkshomeservice.org/special-kids-network)  
 PA Northeastern Pennsylvania 2-1-1 ..... [pa211east.org](https://pa211east.org) (888) 829-1341 / (570) 829-1341 / 2-1-1  
*The Help Line is an information and referral service and first response point for crisis calls in certain **Carbon County** area codes (Albrightsville: 18210, Palmerton: 18071 & Weatherly: 18255). It operates 24 hours a day, 365 days a year, staffed and acts as the after-hours crisis service for twenty-one different organizations. It is the central access point for problems and issues regarding: Mental Health, Child Abuse/Neglect Reports, Drug and Alcohol, Runaway, Energy Assistance, Homeless Services and Victim services.*  
 PA Respite Programs ..... [archrespite.org](https://archrespite.org)  
 Parent Education Network ..... [php.com](https://php.com)  
 Peal Center (Parent Education & Advocacy Leadership Center) ..... [pealcenter.org](https://pealcenter.org)  
 Red Cross of the Greater Lehigh Valley ..... [redcrosslv.org](https://redcrosslv.org) (610) 252-4357  
 Social Security Administration ..... [ssa.gov](https://ssa.gov)  
 Warmline ..... [pbfalv.org](https://pbfalv.org) (610) 820-8451  
*A support service for adults who are challenged by loneliness, confusion and other mental health concerns, or who need information about available services. Accepting calls 6:00 a.m. - 10:00 a.m. and 2:00 p.m. - 2:00 a.m., 7 days a week. (**Lehigh County residents only!**)*

# DIRECTORY OF SERVICES

## COMMUNITY LIVING SUPPORT

### Access Services

(Allentown, Bethlehem, Lehigh, Tamaqua).....	<a href="http://accessservices.org">accessservices.org</a>	(877) 896-6667
Anthracite Region Center for Independent Living (ARCIL)		
(Hazleton) .....	<a href="http://anthracitecil.org">anthracitecil.org</a>	(570) 455-9800
Beacon Specialized Living (Allentown) .....	<a href="http://beaconspecialized.org">beaconspecialized.org</a>	(484) 246-3350
C.A.R.E.S. (Community and Residential Empowerment Services)		
(Allentown, Jim Thorpe, Tamaqua, Walnutport) .....	<a href="http://cares4u.org">cares4u.org</a>	(570) 225-7360
Club House of the Lehigh Valley: Adult Support Services for Individuals in need of Mental Health Support .....		
	<a href="http://clubhouseoflehighcounty.org">clubhouseoflehighcounty.org</a>	(610) 433-9910
Community Services Group (CSG) (Bethlehem, Schnecksville)...	<a href="http://csgonline.org">csgonline.org</a>	(610) 866-7600
Good Shepherd at Conrad W. Raker Center		
(Allentown) .....	<a href="http://goodshepherdrehab.org">goodshepherdrehab.org</a>	(610) 776-3199
Good Shepherd Supported Independent Living (Allentown) .....		(610) 841-4752
Greater LV Visiting Nurse Association (Allentown).....	<a href="http://npino.com">npino.com</a>	(610) 395-2500
Human Resources Centers, Inc., (HRC) (Effort, Honesdale).....	<a href="http://hrcinc.org">hrcinc.org</a>	(570) 253-3782
Lehigh County Housing Authority.....	<a href="http://lehighcountyha.org">lehighcountyha.org</a>	(610) 965-4514
Lehigh Valley Center for Independent Living (LVCIL)		
(Allentown) .....	<a href="http://lvcil.org">lvcil.org</a>	(610) 770-9781
Liberty Resources (Allentown).....	<a href="http://libertyresources.org">libertyresources.org</a>	
Lifepath (Bethlehem).....	<a href="http://lifepath.org">lifepath.org</a>	(610) 264-5724
Life Center (Allentown) .....	<a href="http://theliftcenter.net">theliftcenter.net</a>	(484) 221-8284
Maxim Healthcare Services (Allentown/Whitehall) .....		(610) 264-2353
Spectrum Community Services Inc.		
(Allentown) .....	<a href="http://spectrumcommunityservices.org">spectrumcommunityservices.org</a>	(484) 893-5050
Star Multi Care Services.....	<a href="http://starmulticare.com">starmulticare.com</a>	(631) 956-8835
Step by Step (Bethlehem).....	<a href="http://stepbystepusa.com">stepbystepusa.com</a>	(610) 867-0688
The Arc (Lehigh/Northampton) .....	<a href="http://arcoflehighnorthampton.org">arcoflehighnorthampton.org</a>	(610) 849-8076

## TRANSPORTATION

Carbon County Community Transit .....	<a href="http://carbontransit.com">carbontransit.com</a>	(888) 253-8333
Easton Coach Company .....	<a href="http://eastoncoach.com">eastoncoach.com</a>	(570) 669-6380
Lehigh & Northampton Transportation Authority.....		(888) 253-8333
Lyft.....	<a href="http://lyft.com">lyft.com</a>	
Uber.....	<a href="http://uber.com">uber.com</a>	(610) 432-3200

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# CARBON LEHIGH TRANSITION COORDINATING COUNCIL

## What is the Carbon Lehigh Transition Coordinating Council (CLTCC)?

The mission of CLTCC is to promote effective transition services for students with disabilities, their families, educators, and community service providers from school to adult community life.

## Who Serves on the Local TCC?

It is comprised of parents, representatives from agencies and employers, and educators from the Intermediate Unit, School Districts, Vocational, Technical and Special Education, and Higher Education.

## Who do I contact to become a member of the CLTCC?

To become a member of the Carbon Lehigh Transition Coordinating Council, please contact:

Kendyle Mills, Training and Consultation Staff  
Carbon Lehigh Intermediate Unit #21  
[millsk1@cliu.org](mailto:millsk1@cliu.org) (610) 769-4111 ext. 1096

## We welcome your participation in the Carbon Lehigh Transition Coordinating Council Meetings:

**Hybrid:** In person at the CLIU Main Office (Conference Room J) and via Zoom on the dates below.

**Thursday, December 14, 2023**

9:00 a.m. - 11:00 a.m.

**Thursday, February 15, 2024**

9:00 a.m. - 11:00 a.m.

**Thursday, April 11, 2024**

9:00 a.m. - 11:00 a.m.

**Zoom Link** - <https://cliu-org.zoom.us/j/94674916591>

# DIRECTORY OF SERVICES

## LEHIGH COUNTY JOB COACHING PROVIDERS

### The Burnley Workshop

4219 Manor Drive  
Stroudsburg, PA 18360  
Serving: Monroe County - Slate Belt only  
Northampton County  
Phone: (570) 992-6616

### Easterseals Eastern PA

1501 Lehigh Street  
Suite 201  
Allentown, PA 18103  
Phone: (610) 289-0114 x212  
E-Mail: [cnelson@esep.org](mailto:cnelson@esep.org)  
Website: [www.easterseals.com/esep](http://www.easterseals.com/esep)

### Goodwill, Keystone Area

1901 Lehigh Street  
Allentown, PA 18103  
Phone: (610) 904-6070  
Email: [cgarr@goodwill.org](mailto:cgarr@goodwill.org)

### Goodwill Industries of NE PA

925 Prospect Avenue  
Scranton, PA 18505  
Phone: (570) 343-1166

### Lehigh Valley Center for Independent Living (LVCIL)

Career Path  
713 N. 13th Street  
Allentown, PA 18102  
Phone: (610) 770-9781 x155

### Private Industry Council of Lehigh Valley, Inc.

72 N. 2nd Street  
Easton, PA 18042  
Phone: (610) 829-1244

### SPIN Lehigh

2158 Avenue C, Suite 200  
Bethlehem, PA 18017  
Jen Schaadt  
Phone: (484) 546-6696  
Website: [www.spininc.org](http://www.spininc.org)

**Specialty Services:** Autism Spectrum  
and Intellectual/Developmental Disabilities

### Via of the Lehigh Valley

1020 S. Cedar Crest Blvd.  
Allentown, PA 18103  
Alivia Sinko  
Phone: (610) 628-2326  
E-Mail: [a.sinko@vianet.org](mailto:a.sinko@vianet.org)  
Website: [www.vianet.org](http://www.vianet.org)



# DIRECTORY OF SERVICES

## CARBON COUNTY JOB COACHING PROVIDERS

### **CTC Manufacturing, Inc.**

100 Hazle Street  
Beaver Meadows, PA 18216  
Phone: (570) 454-3754  
Website: [www.ctcmanufacturing.com](http://www.ctcmanufacturing.com)

### **Easterseals Eastern PA**

1501 Lehigh Street  
Suite 201  
Allentown, PA 18103  
Phone: (610) 289-0114 x212  
E-Mail: [cnelson@esep.org](mailto:cnelson@esep.org)  
Website: [www.easterseals.com/esep](http://www.easterseals.com/esep)

### **Goodwill, Keystone Area**

1901 Lehigh Street  
Allentown, PA 18103-4790  
Cheryl Garr  
Phone: (610) 904-6070  
E-Mail: [cgarr@goodwill.org](mailto:cgarr@goodwill.org)  
Website: [www.yourgoodwill.org](http://www.yourgoodwill.org)

### **Human Resources Center, Inc.**

2301 Service Road  
Effort, PA 18330  
Dawn Daignault  
Phone: (570) 872-9956  
E-Mail: [dawn.daignault@hrcinc.org](mailto:dawn.daignault@hrcinc.org)

### **SPIN Lehigh**

2158 Ave. C Suite 200  
Bethlehem, PA 18017  
Jen Schaadt  
Phone: (484) 546-6696  
Website: [www.spininc.org](http://www.spininc.org)

### **Via of the Lehigh Valley**

1020 S. Cedar Crest Blvd.  
Allentown, PA 18103  
Alivia Sinko  
Phone: (610) 628-2326  
E-Mail: [a.sinko@vianet.org](mailto:a.sinko@vianet.org)  
Website: [www.vianet.org](http://www.vianet.org)

## Pennsylvania Yellow Dot Program

The Pennsylvania Yellow Dot Program assists citizens in the “golden hour” of emergency care following a traffic accident when they may not be able to communicate their needs themselves. Placing a Yellow Dot decal in your vehicle’s rear window alerts first responders to check your glove compartment for vital information to ensure you receive the medical attention you need. The program is a cooperative effort between PennDOT, the Department of Health and Aging, the State Police, the Turnpike Commission, first responders and local law enforcement.

**[YellowDot.pa.gov](http://YellowDot.pa.gov)**



# TRANSITION CHECKLIST

The following is a checklist of transition activities that you and your child may wish to consider when preparing transition plans with the IEP team. Your child's skills and interests will determine which items on the checklist are relevant. Use this checklist to ask yourself whether or not these transition issues should be addressed at IEP transition meetings. The checklist can also help identify who should be part of the IEP transition team. Responsibility for carrying out the specific transition activities should be determined at the IEP transition meetings.

## *Two to Three Years Before Leaving the School District*

- ☐ Identify community support services and programs (Vocational Rehabilitation, County Services, Centers for Independent Living, etc.).
- ☐ Invite adult service providers, peers, and others to the IEP transition meeting.
- ☐ Match career interests and skills with vocational course work and community work experiences.
- ☐ Gather more information on post-secondary programs and the support services offered, and make arrangements for accommodations to take college entrance exams.
- ☐ Identify health care providers and become informed about sexuality and family planning issues.
- ☐ Determine the need for financial support (Supplemental Security Income, state financial supplement programs, Medicare).
- ☐ Learn and practice appropriate interpersonal, communication, and social skills for different settings (employment, school, recreation, with peers, etc.).
- ☐ Explore legal status with regards to decision-making prior to age of majority.
- ☐ Begin a resume and update periodically.
- ☐ Practice independent living skills, e.g., budgeting, shopping, cooking, and housekeeping.
- ☐ Identify needed personal assistant services and, if appropriate, learn to direct and manage these services.



# DIRECTORY OF SERVICES

## EMPLOYMENT SUPPORT

AHEDD (Carbon/Lehigh).....	<a href="http://ahedd.org">ahedd.org</a>	(570) 622-9711
Burnley Workshop (Stroudsburg) .....	<a href="http://alliedservices.org">alliedservices.org</a>	(570) 992-6616
Carbon County Career Link (Jim Thorpe OVR) .....	<a href="http://carboncareerlink.org">carboncareerlink.org</a>	(570) 325-2701
Carbon County Workforce Training (Beaver Meadows) .....		(570) 454-3754
Goodwill, Keystone Area (Allentown) .....	<a href="http://yourgoodwill.org">yourgoodwill.org</a>	(610) 904-6070
Keystone Autism Services Vocational Initiative .....	<a href="http://keystoneautismservices.org">keystoneautismservices.org</a>	
Lehigh County Career Link (Allentown).....	<a href="http://careerlinklehighvalley.org">careerlinklehighvalley.org</a>	(610) 437-5627
Private Industry Council, Supported Employment (Lehigh Valley) .....	<a href="http://piclv.org">piclv.org</a>	(610) 829-1244
SPIN.....	<a href="http://spininc.org">spininc.org</a>	(484) 546-6696
SPARC Program (Bethlehem) .....	<a href="http://arcoflehighnorthampton.org">arcoflehighnorthampton.org</a>	(610) 849-8076
The Arc .....	<a href="http://arcoflehighnorthampton.org">arcoflehighnorthampton.org</a>	(610) 849-8076
VIA of the Lehigh Valley (Allentown) .....	<a href="http://vianet.org">vianet.org</a>	(610) 628-2326

## LICENSED DAY HABILITATION PROGRAMS

Access Services (Lehigh) .....	<a href="http://accessservices.org">accessservices.org</a>	(610) 377-5931
Access Services (Allentown) .....	<a href="http://accessservices.org">accessservices.org</a>	(484) 656-7282
Person Directed Supports (Whitehall) .....	<a href="http://persondirectedsupports.com">persondirectedsupports.com</a>	(610) 841-4401
C.A.R.E.S. (Community and Residential Empowerment Services) (Allentown, Jim Thorpe, Walnutport) .....	<a href="http://cares4u.org">cares4u.org</a>	(570) 225-7360
Community Services Group (CSG) (Schnecksville) .....	<a href="http://csgonline.org">csgonline.org</a>	(877) 907-7970
Kaleidoscope Family Solutions (Allentown) .....	<a href="http://kfamilysolutions.org">kfamilysolutions.org</a>	(267) 295-0320
Neuro Restorative - STEPS Group Program (Allentown) ....	<a href="http://neurorestorative.com">neurorestorative.com</a>	(610) 280-0180
Gaining Respect & Opportunity with Teaching & Hope (Nazareth) .....	<a href="http://rhd.org">rhd.org</a>	(484) 298-1333
SPIN.....	<a href="http://spininc.org">spininc.org</a>	(610) 625-1222
Lifepath (Bethlehem) .....	<a href="http://lifepath.org">lifepath.org</a>	(610) 264-5724
SPARC Program (Bethlehem) .....	<a href="http://arcoflehighnorthampton.org">arcoflehighnorthampton.org</a>	(610) 849-8076
Spectrum Community Services (Allentown) ....	<a href="http://spectrumcommunityservices.org">spectrumcommunityservices.org</a>	(484) 460-1931
The L.I.F.T. Center (Allentown) .....	<a href="http://thelifecenter.net">thelifecenter.net</a>	(484) 221-8284



## One Year Before Leaving the School District

- ☐ Apply for supportive service programs. (Supplemental Security Income, Independent Living Services, Vocational Rehabilitation, and Personal Assistant Services).
- ☐ Identify the post-secondary school you plan to attend and contact their disability service office.
- ☐ Practice effective communication by developing interview skills, asking for help, and identifying necessary accommodations at post-secondary and work environments.
- ☐ Specify desired job and obtain paid employment with supports, if appropriate.
- ☐ Take responsibility for arriving on time to work, appointments, and social activities.
- ☐ Assume responsibility for health care needs (making appointments, filling and taking prescriptions, etc.).
- ☐ Register to vote [votespa.com](http://votespa.com).
- ☐ Register for Selective Service (males only) [sss.gov](http://sss.gov).
- ☐ Determine the need for financial support (Supplemental Security Income, state financial supplement programs, Medicare).

# PARENT/STUDENT CHECKLIST

## Getting Ready to Graduate or Leave School

The most important area to consider when your child is leaving school is finding the right agencies. The following questions will help you to research critical information:

- What populations does the educational facility/agency serve?
- What services are provided?
- How are the services accessed?
- What are the eligibility or admission requirements?
- Are there specialized programs or services?
- What are the family costs for the services?

To prepare for the transition from school to adult life, the young adult will need the following:

- ☐ A social security number
- ☐ Draft Registration is required for males when they reach their eighteenth birthday. Contact your local post office.
- ☐ The Office of Social Security Insurance Benefits application is available to children and adults with serious disabilities. Call 1 (800) 772-1213 for the **SOCIAL SECURITY ADMINISTRATION OFFICE** ([ssa.gov](https://ssa.gov))
- ☐ Registration with the **OFFICE OF MENTAL HEALTH/ INTELLECTUAL DISABILITIES/DEVELOPMENTAL PROGRAMS (ID/DP) (ODP)**
  - To begin the enrollment process:
  - (610) 782-3200 (Lehigh County) <https://tinyurl.com/Lehigh-County>
  - (610) 377-0773 (Carbon County) [cmpmhds.org](https://cmpmhds.org)
  - Fill out a PUNS (Prioritization of Urgency of Needs for Services) form once your child is enrolled.
- ☐ **WORK INCENTIVES PLANNING AND ASSISTANCE PROGRAM AND SOCIAL SECURITY WORK INCENTIVES** [disabilityrightspa.org](https://disabilityrightspa.org)
- ☐ **PENNSYLVANIA BUREAU OF AUTISM**
  - <https://tinyurl.com/PA-Bureau-of-Autism>
  - Adult Autism Waiver, Adult Community Autism Program (ACAP), BAS Adult Programs Overview and how to contact the Bureau of Autism Services.
- ☐ **SUPPORTS COORDINATION SERVICES (IDD)**
  - SAM Inc. [sam-inc.org](https://sam-inc.org) (610) 419-9102
  - Quality Progressions [qualityprogressions.org](https://qualityprogressions.org) (610) 691-0215

## ☐ OFFICE OF VOCATIONAL REHABILITATION (OVR) ([dli.state.pa.us/](https://dli.state.pa.us/))

- **PA Department of Labor & Industry**  
Office of Vocational Rehabilitation, 45 N. 4th Street, Allentown, PA 18102  
(610) 821-6441  
1 (800) 922-9536
- **Transition Supervisor**  
Cherrell Gaynor, [cgaynor@pa.gov](mailto:cgaynor@pa.gov)
- **Transition Counselors and School Districts Served:**  
**Samantha Catania**, [scatania@pa.gov](mailto:scatania@pa.gov)

Catasauqua	Lehigh	Whitehall-Coplay
CCTI	Northwestern Lehigh	
CLAS	Palmerton	
Jim Thorpe Area	Panther valley	
LLAS	Weatherly	

  
**Cherrell Gaynor**, [cgaynor@pa.gov](mailto:cgaynor@pa.gov)

ALAS	Innovative Arts Academy
Allentown	LVCA
Building 21 HS	Louis E. Dieruff HS
Catasauqua Area	Roberto Clemente
Executive Education	William Allen HS

  
**Kaity Carlson**, [kaicarlson@pa.gov](mailto:kaicarlson@pa.gov)

LCTI	Salisbury Township
Parkland	Southern Lehigh

  
**Kimberly Pickens**, [kpickens@pa.gov](mailto:kpickens@pa.gov)

Centennial School	Northern Lehigh HS
Emmaus HS	
- **Deaf & Hard of Hearing**  
**Samantha Catania**, [scatania@pa.gov](mailto:scatania@pa.gov)
- **Early Reach Coordinator**  
**Kaitlynn Tretter**, [katretter@pa.gov](mailto:katretter@pa.gov) (484) 634-2204
- **Allentown Transition Resource Account**  
[RA-LIOVR-ATOWN-TRANS@pa.gov](mailto:RA-LIOVR-ATOWN-TRANS@pa.gov)

### Workshop Availabilities:

- |  |   |
|--|---|
| – What is OVR?   | – Working as Part of a Team                                 |
| – Self-Awareness: It's all about you!                    | – Professionalism   |
| – Self-Advocacy: Getting what you need, how you need it. | – Career Exploration  |
| – Living, Working and Playing Independently              | – Post-Secondary Education: Difference Between HS & College |
| – Communication in the Workplace                         | – Job Seeking & Development                                 |
| – Applications, Resumes & Interviewing                   | – Transition Planning                                       |