

Secondary Breakfast Menu- May 2023

Monday	Tuesday	Wednesday	Thursday	Friday
5/8/23	5/9/23	5/10/23	5/11/23	5/12/23
Waffles w/ Syrup or Blueberry Pop tart Goldfish Graham	Breakfast Pizza with Egg and Bacon or Mini Filled Bagel Goldfish Graham	Ham, Egg and Cheese on English Muffin or Blueberry Muffin Goldfish Graham	Cinnamon French Toast W/ Syrup or Strawberry Pop tart Scooby Graham	Pancakes with Syrup or Chocolate Chip Muffin Scooby Graham
Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk
5/15/23	5/16/23	5/17/23	5/18/23	5/19/23
Mini Cinni Bagel or Blueberry Muffin Scooby Graham	Breakfast Pizza or Blueberry Pop tart with Scooby Graham	Pancake Battered Sausage or Banana Bread	Yogurt Parfait with Granola or Chocolate Chip Muffin Scooby Graham	Waffles with Syrup or Apple Cinnamon Muffin Goldfish Graham
Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk
5/22/23	5/23/23	5/24/23	5/25/23	5/26/23
Confetti Pancakes with Syrup or Blueberry Bread	Breakfast Pizza with Egg and Sausage or Mini Strawberry Filled Bagel	Yogurt Parfait with Granola or Apple Strudel	Bacon, Egg and Cheese on a Biscuit or Blueberry Bread	NO SCHOOL Memorial Day Holiday
Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	
5/29/23	5/30/23	5/31/23	6/1/23	6/2/23
NO SCHOOL Memorial Day No School	Breakfast Pizza with Egg and Sausage or Mini Filled Bagel	Pancake Battered Sausage on a Stick or Apple Strudel Goldfish Graham	Assorted Cold Breakfast Items	LAST DAY OF SCHOOL
	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	
6/5/23	6/6/23	6/7/23	6/8/23	6/9/23
5/1/23	5/2/23	5/3/23	5/4/23	5/5/23

What is a Meal?
 You must choose at least 3 of the 4 components available for the school breakfast price.
 Choice of: Grain or grain/protein
 Choice of fruit or vegetable (must take at least a 1/2 cup)
 and
 Choice of Milk
 Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry
 You must take at least 1/2 cup of fruit or vegetable

Whole Grain Cereal Selection May Include:
 Cinnamon Toast Crunch
 Trix
 Cocoa Puffs
 Fruity Cheerios
 Cheerios
 Fruit Loops
 Lucky Charms
 Served with Toast

Daily Fruit Selection May Include:
 Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange, fruit punch, grape, orange pineapple, fresh fruit selection including apples, bananas and oranges, pears, other seasonal fruit as available.



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 Menu is subject to change based on product availability
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www.schoolcafe.com