

## FUNDING

Funding for St. Luke's School-Based Therapy varies from patient to patient.

Services may be funded by private insurance or financial support as eligible. Call St. Luke's Behavioral Health to learn more about the YESS! School-Based Therapy program in the Palmerton Area School District.

## SCHOOL LOCATIONS

St. Luke's serves students in all Palmerton Area School District schools.

If you are interested in learning more about St. Luke's YESS! School-Based Therapy Program, please contact the Practice Administrator at **484-822-5712**.



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# Your Emotional Strength Supported!



St. Luke's University Health Network is offering the YESS! School-Based Therapy Program in all Palmerton Area School District schools. The program provides integrated mental health treatment year-round for children and adolescents in all Palmerton Area School District schools. Our goal is to help students overcome emotional, behavioral or social problems that interfere with success at school and at home.

As members of the school-based team, we can serve students in a familiar setting, offering minimal interruption to their school day.

## Services may include:

- Overcoming behavioral, emotional or social problems that interfere with success at school and at home
- Reducing disruptive behavior
- Improving self-monitoring skills
- Psychiatric assessment
- Psychiatric medication management
- Tele-psychiatry visits for student and family

## Common issues may include:

- Aggression
- Anxiety
- Depression
- Isolation
- Poor social skills
- Stress
- Trauma
- Truancy

Our therapists will work with the students and will include collaboration with school staff and parents to help to reduce disruptive behavior and improve self-monitoring skills.



## SERVICES

### School-based therapy includes:

- Individual and group therapy
- Family counseling
- Risk assessments, as needed (*suicidal or homicidal*)
- Specialized training and support services for parents and teachers
- Collaboration with other community providers
- Linkage to additional community resources
- Psychiatric assessment as needed
- Linkage to psychiatric medication management (*MD or PA-C*)
- Linkage to a psychiatrist or advanced practitioner either face to face or via tele-psychiatry
- Interpreter services available

## OUR STAFF

St Luke's school-based therapists are master's level credentialed to provide services based on their degree in social work, counseling or psychology. These creative professionals partner with teachers, school administrators and parents to develop individualized treatment plans and behavioral interventions for students.

Our medical doctors and advanced practitioners are certified and credentialed to provide services within the scope of practice for psychiatrists and nurse practitioners or physician assistants. All are certified at the appropriate level in accordance with their governing psychiatric or advanced practitioner board.

## REFERRALS

Students, teachers, counselors, principals, providers or parents may make referrals by contacting the school's Guidance Office or by sending an email to [BHReferrals@sluhn.org](mailto:BHReferrals@sluhn.org).