

Health and Safety Plan

Aavidum 2020-2021

General Information

Aavidum will focus on informational topics such as suicide and mental health. In times such as these when everyone is dealing with their own thoughts and feelings with Covid, mental health is at the forefront. We want to spread a message of hope and help. Under the current conditions it is hard to cover all four of Aavidum's pennants, but we will do what we can given the circumstances.

Prior to the First Meeting

All students are welcome to join and once the club is approved. If approved, a start date will be announced.

Meetings

Aavidum meetings will be scheduled as needed. They will be held after school or during enrichment. If students are in school on a day of the meeting, they may attend in person. If students are virtual that day, they can log-in from home. Meetings will not be held on the same day so both Blue and White students can meet in person.

Meetings will be held socially distanced in the library or auditorium depending on the size of the room needed. Students who sign up for Aavidum will be given the appropriate weblinks to join the meetings. As a significant number of members graduated last year, this will be a rebuilding year. We should have approximately 10-12 returning students. After the meetings, the table and other items used would be wiped down and sanitized.

A Schoology Group will be created to keep all members aware of what is going on.

Entrance Procedures

Students will not be permitted to linger in the halls or at the lockers. They will proceed to the meeting site.

The advisor will provide the student with hand sanitizer and direct the students to their assigned seat.

Students showing symptoms and/or with a temperature greater than or equal to 100.4 degrees F will be sent home.

Should any student / advisor be diagnosed with COVID-19, all meetings and rehearsals will stop immediately. The principal will provide further direction based on the PASD's approved HSP.

Safety Precautions

Masks and/or face shields will be worn by the advisors and students at all times.

All meetings / rehearsals will follow social distancing practices. The advisor will maintain 6 foot separations between students.

When the situation requires a meeting or rehearsal inside the building, each student will be assigned a specific seat that allows for proper social distancing during the entire meeting.

All students will be required to face forward in their seat at all times.

Only one student at a time will be permitted to use the restroom. Hand sanitizer will be provided upon their exit and return to the meeting / rehearsal area.

Main Focus

This year, one main focus of Aavidum will be to have the students go through the QPR (Question, Persuade, Refer) training. This training can be done in person and/or virtually. This training gives the students the signs to look for in someone who is possibly suicidal. It emphasizes the students to persuade the person to seek someone for help and then refer the person. We do not expect a student to be able to counsel a peer if that person seems suicidal. The training helps students to realize what the possible signs are and to help that person connect with a person who can get them help. This is something that both virtual and hybrid students can work on.

Throughout the year, members may be asked to help with bulletin boards or posters. Students who volunteer would be given the appropriate materials to make what was needed. The advisor would then hang the posters or items on the bulletin board. Students would not be asked to do anything in school on days when they are not scheduled to be there. We will also be looking for some type of online presence. The advisor would like to create a resources site (probably on the web) so students know where to turn if they need help.

This year the focus is getting the information out to our students. We want them to know that they are not alone. We know that if our efforts help just one person, it was all worth it.