Elaine E. Eib, Ed.D. Executive Director

Kimberly Talipan Assistant to the Executive Director



Helping Children Learn

CARBON LEHIGH INTERMEDIATE UNIT #21

4210 Independence Drive Schnecksville, PA 18078-2597 (610) 769-4111 www.cliu.org

facebook.com/CarbonLehighIntermediateUnit21 You Tube: youtube.com/user/CarbonLehigh 2000/0211021

Revised October 2016

The Carbon Lehigh Intermediate Unit is an equal opportunity employer and does not discriminate on the basis of race, color, religion, national origin, age, marital status, sex or non-relevant handicap in activities, programs or employment practices. For information regarding civil rights or grievance procedures, contact Ms. Deborah Popson, Section 504 Coordinator, or Ms. Michele E. Edwards, SPHR, Title IX and ADA Coordinator, at the Carbon Lehigh Intermediate Unit, 4210 Independence Drive, Schnecksville PA 18078-2580.

No parts of this document are to be used or reproduced without permission from CLIU21/ws.

Carbon Lehigh Intermediate Unit The Family Reference Guide

A Guide to Transition Services



- Post-Secondary Education/Training
 - Employment Opportunities
 - Community Living

TRANSITION RESOURCES

To Access the CLIU Transition Resources Information on the web, follow the directions below.

Transition Resources (at your fingertips)



Go to <u>www.cliu.org</u>

Roll over Departments

Click on Special Programs and Services

Click on Transition Resources on the left-hand side

> or visit <u>www.cliu.org/page/825</u>

TRANSITION RESOURCES

Resources supporting Youths and Young Adults, ages 14-21.

Adolescent Relationships Autism Spectrum Disorder Carbon Lehigh Transition Coordinating Council Centers for Independent Living Deaf or Hard of Hearing Estate Planning for a Person with Special Needs **Employment Resources** Health Care Resources Mental Health Supports Post-Secondary Education Recreation and Leisure Activities Resources Social Security Administration/Work Incentives Trainings and Workshops for Educators and Families Transition Resources: Websites and Wikispaces Transportation Resources Youth and Young Adults

Emergency Management Forms: Carbon County Google Search Carbon County Communications Center House Watch Information Form

> Lehigh County Google Search Special Needs Form for Lehigh County Residents

Information about these Transition Resources can be accessed on the Carbon Lehigh Intermediate Unit #21 website at:

www.cliu.org/page/825



This publication is available in Enlarged Print, Braille, and Spanish. Please call (800) 223-4821 to request an accessible format.



EMERGENCY INFORMATION CARD (continued)

- 6. The household members would be responsible for updating the Emergency Information.
- 7. Ensure that all family members are aware of the clear plastic Emergency Container.

SAMPLE MEDICATION DOCUMENT

CURRENT MEDICATION	DOSAGE STRENGTH	HOW OFTEN TAKEN	WHEN TAKEN
1			
and the second second	-		
		I I	

PENNSYLVANIA YELLOW DOT PROGRAM

This program assists citizens in the "golden hour" of emergency care following a traffic accident when they may not be able to communicate their needs themselves. Placing a Yellow Dot decal in your vehicle's rear window alerts first responders to check your glove compartment for vital information to ensure you receive the medical attention you need. The program is a cooperative effort between PennDOT, the Department of Health and Aging, the State Police, the Turnpike Commission, first responders and local law enforcement.

www.YellowDot.pa.gov



LEHIGH/CARBON TRANSITION COORDINATING COUNCIL

The Transition Coordinating Council (TCC) is a collaborative effort that involves educators, families, agencies, and community representatives to promote steps for a successful transition from school to adult life.

What is the Carbon Lehigh Transition Coordinating Council (CLTCC)?

The mission of CLTCC is to promote effective transition services for students with disabilities, their families, educators, and community service providers from school to adult community life.

Who Serves on the Local TCC?

It is comprised of parents, representatives from agencies and employers, and educators from the Intermediate Unit, School Districts, Vocational, Technical and Special Education, and Higher Education.

What Are Some of the Services Provided by the Local TCC?

The local TCC disseminates transition information, provides training for students, parents, educators, and service providers on transition issues, and develops and maintains local transition interagency agreements.

Who Do I Contact to Become a Member of the Transition Council?

To become a member of the Carbon Lehigh Transition Coordinating Council contact:

Carbon Lehigh Intermediate Unit #21

Vince Knecht or Wendy Smith, Training and Consultation Staff 4210 Independence Drive Schnecksville, PA 18078 (800) 223-4821, (610) 769-1098 (Fax)

We welcome your participation in the Carbon Lehigh Transition Coordinating Council meetings. A schedule of meeting times and locations are available on the CLIU website. Follow the directions from the inside cover of this booklet to access the Carbon Lehigh Transition Coordinating Council and click CLTCC Meeting Dates and Minutes.



WHAT IS TRANSITION?

Why Are Transition Services Provided?

Congress and the Pennsylvania legislature have recognized the needs of young people with disabilities by developing and passing a series of laws and regulations to mandate and facilitate transition services, such as the Individuals with Disabilities Education Act (IDEA), 504 of the Rehabilitation Act, and others.

Who is Eligible for Transition Services?

IDEA of 1990 and its reauthorizations, IDEA of 1997 and IDEA '04, mandates that the IEP's include a transition plan "beginning no later than the first IEP to be in effect when the child turns 14 and then updated annually."

IDEA Regulations SECONDARY TRANSITION

The reauthorized *Individuals with Disabilities Education Act (IDEA)* was signed into law on December 3, 2004, by President George W. Bush. The provisions of the act became effective on July 1, 2005, with the exception of some of the elements pertaining to the definition of a "highly qualified teacher" that took effect upon the signing of the act. The final regulations were published on August 14, 2006. Information taken from <u>idea.ed.gov/</u>explore/view/p/.root.dynamic.TopicalBrief.17.

The term "transition services" means a coordinated set of activities for a child with a disability that:

- Is designed to be within a results-oriented process, that is focused on improving the academic and functional achievement of the child with a disability to facilitate the child's movement from school to post-secondary activities, including post-secondary education, vocational education, integrated employment (including supported employment); continuing and adult education, adult services, independent living, or community participation;
- Is based on the individual child's needs, taking into account the child's strengths, preferences, and interests; and
- Includes instruction, related services, community experiences, the development of employment and other post-school adult living objectives, and, if appropriate, acquisition of daily living skills and functional vocational evaluation.

[34 CFR 300.43 (a)] [20 U.S.C. 1401(34]

EMERGENCY INFORMATION CARD (continued)

EMERGENCY INFORMATION

- 1. Each household needs to discuss what Emergency Information every household member needs to place into a clear plastic Emergency Container.
- 2. Complete the Emergency Information Card for each member of the household (sample, page 18).
- 3. Other suggested information:
 - Photo and name to identify each person living in the house;
 - Fingerprints of the children living in the house;
 - Type of pets living inside the house and their names;
 - Situational information: for example, if a person in the house may hide if they hear sirens or flashing lights and where would they hide; is a person in the house on oxygen therapy, if so where do they keep the oxygen tanks;
 - Copies of Social Security #, Driver's License and/or PA Photo Identification Cards;
 - Most Current
 - o IEP (Individualized Education Program)
 - RR (Reevaluation)
 - PUNS (Prioritization of Urgency of Need for Services) Document
 - o ISP (Individual Support Planning) Contract
 - OVR (Office of Vocational Rehabilitation)
 - Supports Coordinator and OVR Transition Counselor contact information
 - and any other agency information that pertains to your child's resources
- 4. Do Not Resuscitate instructions, the location of Advanced Directives, Living Wills, and other Emergency Information you feel is important.
- 5. This Emergency Information would be placed in the clear plastic Emergency Container with "Emergency Information" on the front.



EMERGENCY INFORMATION

Suggestions of documentation to be included: Copies of Social Security Number, Driver's License and/or PA Photo Identification Cards, most current IEP (Individualized Education Plan), RR (Reevaluation), PUNS (Prioritization of Urgency of Need for Services) Document, ISP (Individual Support Planning) and OVR Contracts, Supports Coordinator and OVR Transition Counselor Contact Information, and any other agency information that pertains to your child's resources.

EMERGENCY INFORMATION CARD (Place on refrigerator)

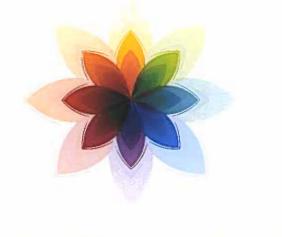
Name:	Date Card Completed:	
Address:	Telephone:	
	Allergies to Meds:	
Emergency Contact Person & Phone Number:		
1	Date of Birth:	
2	Major Illness:	
Doctor's Name:		
Doctor's Phone:		
Health Care Plan:	Other:	
Health Care#:		

IN CASE OF EMERGENCY DIAL 911

Created by: Citizens' Ambulance Service, Inc., Kiwanis of Indiana, Midday Rotary Club and updated by CLIU #21 Transition Consultants.



- Share information and goals, complete parent and student survey.
- Decrease student's dependence on the family by increasing participation in the community.
- Attend and participate in Individualized Education Planning (IEP) meetings for transition. Areas being addressed include: community living, recreation and leisure, employment, post-secondary education/training, and daily living skills.
- Become familiar with agencies that provide recreational, financial, social, employment, and residential opportunities for their youth/young adult.
- Due to potential waiting lists, contact agencies within a timely manner.





INDIVIDUALIZED EDUCATION PLAN

- The Transition Plan is integrated into the Individualized Education Plan (IEP) and developed by team members at the IEP meeting.
- Components of an Individualized Education Plan (IEP) related to transition:
 - Post-secondary goals
 - Transition assessments (formal and informal)
 - Instructional areas to support post-secondary goals
 - Person(s) responsible for coordination of activities
 - Interagency responsibilities and linkages
- · Required members of the team include:
 - student
 - parents and/or guardian
 - special education teacher
 - regular education and/or Career Technical Education teacher
 - Local Education Agency representative (LEA)
- · Optional team members include:
 - District Transition Coordinator
 - Transition Specialist
 - Job Coach
 - Guidance Counselor
 - Psychologist
 - Community Agency representatives

INFORMATION ABOUT MY DISABILITY CARD*

- Business Card Size
- Half page
- Use Cardstock Paper



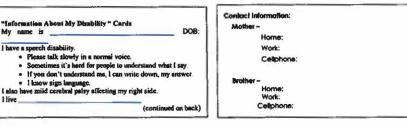
- 1. Put your information on paper or type on a computer. It is very important to include Contact Information, family members, caregiver, friends, and your work.
- 2. After you are finished, put the card in a clear cover or laminate it.
- 3. Put the information card in your
 - Wallet
 - Purse
 - Backpack
 - Car

If someone stops you, just show them your "Information About My Disability" card. If they have questions, they will ask you or someone on your contact list.



Front Side:

Back Side:



*Information by Heather Telthorster. The Arc of Indiana County





ADDITIONAL RESOURCES (continued)

AGENCY

WEBSITE/PHONE NUMBER

"Trained call specialist will provide information on a broad range of services, including basic needs, health care, youth programs, counseling, food banks, housing, aging services and much more!"

PA Northeastern Pennsylvania 2-1-1 www.211.org (888) 829-1341 / (570) 829-1341 / 2-1-1 The Help Line is an information and referral service and first response point for crisis calls in certain Carbon County area codes (Albrightsville: 18210, Palmerton: 18071 & Weatherly: 18255). It operates 24 hours a day, 365 days a year, staffed and acts as the after-hours crisis service for twenty-one different organizations.

It is the central access point for problems and issues regarding: Mental Health, Child Abuse/Neglect Reports, Drug and Alcohol, Runaway, Energy Assistance, Homeless Services and Victim services.

Pennsylvania Secondary Transition for

Parent Engagement	www.transitionparentengagement.wikispaces.com
Parent Education Network	www.php.com/parent-education-network
	(800) 522-5827 V/TTY or (800) 441-5028 (Spanish)
The Peal Center (Parent Education &	

The Peal Center (Parent Education &

Special Kids Network, Making Connections

for PA's Children with Special Health

Care Needs	<u>www.health.state.pa.us/skn</u> (800) 986-4550, TTY (877) 232-7640
Social Security Administratio	0 <u>www.ssa.gov</u>
The Caring Connection, Inc	www.caringconnectioneldercare.com (610) 882-9131
Valley Wide Directory Health	of American
Red Cross of the Great	r Lehigh Valley www.redcrossly.org (610) 252-4357

TRANSPORTATION

Transition Planning considers:

- · Student interest, abilities and aptitudes.
- · Instructional, ecological and/or vocational profile.
- Post-secondary goals in post-secondary education or training, employment, adult services, community living, and community participation.
- Specific activities supporting the development of post-secondary goals.
- Person(s) responsible for implementation of each specific goal.
- Support services, such as transportation, vocational counseling, case management, and medical services.
- Agency or person responsible for continuation of transition planning and exchange of information following graduation. This person or agency must be identified in the plan during the final school year.

The Transition Plan should:

- Represent the decisions of the student and parents, guardians, educators, and other service providers.
- Include information provided by the student concerning his/her career plans.
- Incorporate data from the student's formal career assessment and/ or informal assessments.
- Encourage the participation of representatives from education, and community service agencies.
- Address the needs of the student seeking post-school employment or post-secondary education.
- Provide information to families so that the student/parent/guardian has the appropriate information necessary to link the student to the adult service providers.
- Be reviewed and modified at least annually as part of the Individualized Education Plan (IEP).



TRANSITION CHECKLIST

The following is a checklist of transition activities that you and your son or daughter may wish to consider when preparing transition plans with the IEP team. Your son or daughter's skills and interests will determine which items on the checklist are relevant. Use this checklist to ask yourself whether or not these transition issues should be addressed at IEP transition meetings. The checklist can also help identify who should be part of the IEP transition team. Responsibility for carrying out the specific transition activities should be determined at the IEP transition meetings.

Four to Five Years Before Leaving the School District

- Identify personal learning styles and the necessary accommodations to be a successful learner and worker.
- □ Identify career interests and skills, complete interest and career inventories, and identify additional education or training requirements.
- Explore options for post-secondary education and admission criteria.
- Identify interests and options for future living arrangements, including supports.
- Learn to communicate effectively your interests, preferences, and needs.
- Be able to explain your disability and the accommodations you need.
- Learn and practice informed decision making skills.
- □ Investigate assistive technology tools that can increase community involvement and employment opportunities.
- Broaden your experiences with community activities and expand your friendships.
- Pursue and access local transportation options outside of family.
- Investigate money management and identify necessary skills.
- □ Acquire government-issued identification card and the ability to communicate personal information.
- Identify and begin learning skills necessary for independent living.
- Learn and practice personal health care.

(continued on next page)



COMMUNITY LIVING/RESIDENTIAL LIVING (cont.)

WEBSITE/PHONE NUMBER

The ARC of Lehigh & Northampton Counties Inc.	. (Advocacy Support) (610) 849-8076
The ReDCo Group, Lehighton	www.redcogrp.com (610) 377-6730 Ext. 10
Via of the Lehigh Valley, Bethlehem	
Visiting Nurses of the Lehigh Valley & Hospice, A	Allentown

ADDITIONAL RESOURCES

AGENCY

AGENCY

WEBSITE/PHONE NUMBER

Anthracite Region Center for Independent Living

(ARCIL) www.anthracitecil.or	g (570) 455-9800 Ext. 23 / (800) 777-9906
Lehigh Valley Center for Independent Living (LVCIL))
Loving Care Agency	www.lovingcareagency.com (877) 687-7376
Mental Health/Intellectual Disabilities	
Developmental Programs (ID/DP)	www.mhmrpa.org/mhmr/site/default.asp
OVR: PA Dept of Labor and Industry	www.dli.state.pa.us/
Pennsylvania Career Guide	
Pennsylvania Career Link	www.pacareerlink.state.pa.us
Lehigh Valley CareerLink	www.careerlinklehighvalley.org
by the PA Department of Labor and Industry and char Board, Inc. Who "guarantees that the employment, tr you receive through other workforce delivery system Telephone: TTY: Fax:	aining and labor market services and information are professional, comprehensive and on target." (610) 437-5627 (610) 821-6760
PA CareerLink Carbon County 69 Broadway, Jim Thorpe, PA 18229. Partners in the organizations or educational institutions that provide services to job seekers and employers. Our custome hiring, economic development, employment and train Telephone: TDD/TTY Fax.	www.carboncareerlink.org PA CareerLink® are private and public agencies, e education, training and employment or support rs can obtain information regarding recruitment, sing in a self-service or staff assisted atmosphere. (570) 325-2701
	(570) 325-5536

Warmline goals include responding to callers before they reach a crisis point; Assisting callers in finding wholeness, independence and happiness, Empathizing with the particular problems that confront mental health consumers.

COMMUNITY LIVING/RESIDENTIAL LIVING

AGENCY	WEBSITE/PHONE NUMBER
Access Services (Allentown, Bethlehem, Lehighton, Tamaqu	a) <u>www.accessservices.org</u>
Access Services - Lehigh Valley Office, Bethlehem	
Anthracite Region Center for Independent Living	
(ARCIL), Hazelton	Lorg (570) 455-9800 / (800) 777-9906
Association for Retarded Citizens of Carbon County, Lehigh	ton
Bucks Association for Retarded citizens ARC (BARC), Qual	kertown(215) 794-0800 Ext. 324
Carbon County Housing Authority, Lehighton	
C.A.R.E.S. (Community and Residential	
Empowerment Services), Tamaqua	www.cares4u.org (570) 225-7360
Club House of the Lehigh Valley: Adult Support Services	
for Individuals in need of Mental Health Support	
Community Services Group, Bethlehem	
Deutsch Institute, Luzerne County, Recreation Activities	(570) 348-1968
Extended Family Care, Allentown	(610) 432-6766 / (800) 431-6522
Good Shepherd Home at Conrad, W. Raker Center	
Good Shepherd Supported Independent Living	
Greater LV Visiting Nurse Association	
Human Resources Center, Inc., Honesdale	(570) 253-3782
Human Resources Center, Inc., Snydersville	(570) 402-4961
Impact Systems Inc., Whitehall	(610) 435-1561
Keystone Community Resources, Inc., Lackawanna County.	(570) 702-8028
Lehigh County Dept. of Human Services, Allentown	ww.lehighcounty.org (610) 782-3200
Lehigh County Housing Authority and Valley Housing Deve	lopment Corp (610) 965-4514
Lehigh Support for Community Living, Bethlehem	
Lehigh Valley Center for Independent Living (LVCIL)	
Allentown	<u>org</u> (610) 770-9781 / (800) 495-8245
Liberty Resources, Allentown	
Lifepath, Bethlehem	
Living Unlimited, Inc.	-
Maximum Care, Whitehall	
Mentor of Lehigh Valley, Wescosville	
Northwestern Human Services of the Lehigh Valley (former	ly COPE) (610) 866-8332

TRANSITION CHECKLIST (continued)

Two to Three Years Before Leaving the School District

- Identify community support services and programs (Vocational Rehabilitation, County Services, Centers for Independent Living, etc.).
- Invite adult service providers, peers, and others to the IEP transition meeting.
- Match career interests and skills with vocational course work and community work experiences.
- □ Gather more information on post secondary programs and the support services offered; and make arrangements for accommodations to take college entrance exams.
- □ Identify health care providers and become informed about sexuality and family planning issues.
- Determine the need for financial support (Supplemental Security Income, state financial supplement programs, Medicare).
- Learn and practice appropriate interpersonal, communication, and social skills for different settings (employment, school, recreation, with peers, etc.).
- Explore legal status with regards to decision making prior to age of majority.
- Begin a resume and update periodically.
- Practice independent living skills, e.g., budgeting, shopping, cooking, and housekeeping.
- Identify needed personal assistant services, and if appropriate, learn to direct and manage these services.

(continued on next page)



TRANSITION CHECKLIST (continued)

One Year Before Leaving the School District

- Apply for supportive service programs. (Supplemental Security Income, Independent Living Services, Vocational Rehabilitation, and Personal Assistant Services).
- □ Identify the post-secondary school you plan to attend and arrange for accommodations.
- Practice effective communication by developing interview skills, asking for help, and identifying necessary accommodations at post secondary and work environments.
- Specify desired job and obtain paid employment with supports, if appropriate.
- Take responsibility for arriving on time to work, appointments, and social activities.
- Assume responsibility for health care needs (making appointments, filling and taking prescriptions, etc.).
- Register to vote <u>www.votespa.com</u>.
- Register for Selective Service (males only) <u>www.sss.gov.</u>
- Determine the need for financial support (Supplemental Security Income, state financial supplement programs, Medicare).



LEHIGH COUNTY JOB COACHING PROVIDERS (cont.)

Community Skills Program

Counseling & Rehabilitation, Inc. 1150 Berkshire Boulevard, Suite 245 Wyomissing, PA 19610 Sally Kneipp, Director (610) 376-3380-Direct Line Phone: (610) 376-3390 E-Mail: <u>CSPNJPA@aol.com</u> Website: <u>www.communityskillsprogram.com</u> No Spanish speaking Specialties: Brain Injury, Autism

Goodwill, Keystone Area

1901 Lehigh Street Allentown, PA 18103 Cheryl Garr Phone: (610) 904-6070 E-Mail: cgarr@goodwill.org

Goodwill Industries of NE PA 925 Prospect Avenue Scranton, PA 18505 Kathy Reiter Phone: (570) 343-1166 E-Mail: kathyreiteratgoodwill@yahoo.com

Human Resources Center (HRC), Inc. 5349 Cherry Valley Road Saylorsburg, PA 18353 Phone: (570) 402-4961 Ext. 304 Dawn Daignault E-Mail: Dawn.daignault@hrcinc.org

Lehigh Valley Center for Independent Living (LVCIL) S2L Career Path 713 N. 13th Street Allentown, PA 18102 Joe Michener, Coordinator Phone: (610) 770-9781 Ext. 131 E-Mail: joemichener@lvcil.org

Living Unlimited Program

4601 Locust Lane, Suite 202 Harrisburg, PA 17109 Teresa M. Stickle Phone: (717) 526-2111 Ext. 224 or (800) 310-7776 E-Mail: tstickle@living-unlimitedinc.com Website: www.living-unlimitedinc.com

Main Line Rehabilitation Associates, Inc.

668 Exton Commons Exton, PA 19341 Meghan Cahalan Phone: (610) 280-0180 E-Mail: <u>mcahalan@mainline-rehab.com</u> Website: <u>www.mainline-rehab.com</u> Provides cognitive rehab therapy

Private Industry Council of Lehigh

Valley, Inc. 72 N. 2nd Street Easton, PA 18042 Bob Hrichak Phone: (610) 829-1244 E-Mail: rhrichak@picesp.org No specialty services

SPIN Lehigh

2158 Avenue C, Suite 101 Bethlehem, PA 18017 Kim Roselli Phone: (610) 625-1227 E-Mail: <u>KRoselli@spininc.org</u> Website: <u>spininc.org</u> Specialty Services: Autism Spectrum and Intellectual/Developmental Disabilities

Via of the Lehigh Valley 336 West Spruce Street Bethlehem, PA 18018 Serving: Victoria Henshaw Phone: (610) 317-8000 E-Mail: <u>vhenshaw@vianet.org</u> Website: <u>www.vianet.org</u>



CARBON COUNTY JOB COACHING PROVIDERS

Goodwill, Keystone Area

Allentown, PA 18103-4790

E-Mail: cgarr@goodwill.org

5349 Cherry Valley Road

Saylorsburg, PA 18353

Dawn Daignault

Website: www.yourgoodwill.org

Human Resources Center, Inc.

Phone: (570) 402-4961 Ext. 304

E-Mail: Dawn.Daignault@hrcinc.org

Phone: (610) 904-6070

1901 Lehigh Street

Chervl Garr

AHEDD

108 North Centre Street Pottsville, PA 17901-2949 Jennifer Betz Phone: (570) 622-9711 E-Mail: jennifer.betz@ahedd.org

Career Path

LVCIL - Carbon County 630 Interchange Road Kresgeville, PA 18333 Aaron Heydt Phone: (610-) 770-9781, ext. 149 E-Mail: <u>AaronHeydt@lvcil.org</u>

CTC Manufacturing, Inc.

100 Hazle Street Beaver Meadows, PA 18216 Cathy Cohen Phone: (570) 454-3754 E-Mail: ccohen@ctcmanufacturing.com Website: www.carbontc.com

LEHIGH COUNTY JOB COACHING PROVIDERS

AHEDD

108 North Centre Street Pottsville, PA 17901-2949 Deanna Kreiger Phone: (570) 622-9711 E-Mail: Deanna Kreiger@ahedd.org (Or - depending on caseload) 108 North Centre Street Pottsville, PA 17901-2949 Kathy Couch, Area Manager Phone: (570) 622-9711 E-Mail: Kathy.Couch@ahedd.org Website: www.ahedd.org Spanish speaking coach - Mauricio The Burnley Workshop 4219 Manor Drive Stroudsburg, PA 18360 Serving: Monroe County and only Slate Belt area Northampton County Carla Robinson Phone: (570) 992-6616 E-Mail: jobs@burnley.org

Community Options, Inc. 678 Louis Drive Warminster, PA 18974 Phone: (215) 956-0853 Fax: (215) 956-0857 Julie Sozio E-Mail: Julie.Sozio@comop.org Mark Haumesser E-Mail: Mark.Haumesser@comop.org Website: www.comop.org

(continued on next page)

PARENT/STUDENT CHECKLIST GETTING READY TO GRADUATE OR LEAVE SCHOOL

The most important area to consider when your child is leaving school is finding

the right agencies. We are encouraging you to become an informed consumer by contacting the agencies and asking about the specifics of their programs and services. The following questions will help you to research critical information:

- · What populations does the educational facility/agency serve?
- What services are provided?
- · How are the services accessed?
- · What are the eligibility or admission requirements?
- Are there specialized programs or services?
- · What are the family costs for the services?

To prepare for the transition from school to adult life, the young adult will need:

- A social security number for work and registration with most agencies. Contact your local social security office for an application.
- Draft Registration is required for males when they reach their eighteenth birthday. Contact your local post office.
- □ The Office of Social Security Insurance Benefits application is available to children and adults with serious disabilities. Call (800) 772-1213 for the **SOCIAL SECURITY ADMINISTRATION OFFICE** (<u>www.ssa.gov</u>) in your area and information on applying. It is important to understand these benefits as they relate to work, and eligibility prior to work, while working, and in the event of loss of job.
- Registration with the OFFICE OF MENTAL HEALTH/ INTELLECTUAL DISABILITIES/DEVELOPMENTAL PROGRAMS (ID/DP) (ODP) www.mhmrpa.org/mhmr/site/default.asp is essential prior to accessing services designed for individuals with mental retardation or a mental health diagnosis. Contact the county information and referral unit, (610) 782-3200 (Lehigh County); (610) 377-0773 (Carbon County); (570) 628-1520 (Schuylkill) to begin the enrollment process.
 *It is important to fill out a PUNS (Prioritization of Urgency of Needs for Services) form once your child is enrolled.
- WORK INCENTIVES PLANNING AND ASSISTANCE PROGRAM AND SOCIAL SECURITY WORK INCENTIVES, Jenni Kistler, Community Work Incentives Coordinator jkistler@yourgoodwill.org_or (717) 682-0656 benefitscounseling@yourgoodwill.org.

D PENNSYLVANIA BUREAU OF AUTISM

http://www.dhs.pa.gov/citizens/autismservices/ "The information shared in this site is intended to communicate the Department of Human Services' efforts to enhance the quality of life and independence of Pennsylvanians with Autism Spectrum Disorder (ASD), and to support their families and caregivers". Related Topics on this site include: Adult Autism Waiver, Adult Community Autism Program (ACAP), BAS Adult Programs Overview and how to contact the Bureau of Autism Services.

 The OFFICE OF VOCATIONAL REHABILITATION (OVR) (www.dli.state.pa.us/) should be actively involved if your son/daughter expects to pursue employment and/or post-secondary education. If you have not been referred to OVR, please request an application from your teacher or guidance counselor, or call OVR at (610) 821-6441 (Allentown); (800) 922-9536 (Carbon); (800) 442-0949/(610) 916-2316 (Schuylkill/Berks). If individuals with disabilities are currently unemployed and worked with OVR in the past, they may reapply to OVR.

> Allentown Office of Vocational Rehabilitation PA Department of Labor & Industry Office of Vocational Rehabilitation 45 N. 4th Street Allentown, PA 18102. Phone: 610-821-6441

- Corey Cook, Transition Services Coordinator/Vocational Rehabilitation Supervisor: cocook@pa.gov
- Transition Counselors and School Districts Served
 - Amy Burke, amyburke@pa.gov
 - CLIU#21- CLAS
 - CLIU#21-LLAS
 - Jim Thorpe
 - Lehighton
 - Northern Lehigh
 - Northwestern Lehigh
 - Palmerton
 - Panther Valley
 - Parkland
 - Weatherly
 - Youth Forestry Camp #2

Shanel Vinson, svinson@pa.gov

- Allentown
- Catasauqua
- Whitehall-Coplay
- Southern Lehigh County Schools Contact Corey Cook
- East Penn Salisbury Township Southern Lehigh
- ODP/Autism Coordinator
 - Tracie A. Maille, Vocational Rehabilitation Supervisor, tmaille@pa.gov
- Deaf & Hard of Hearing

Marilyn Cook, Deaf & Hard of Hearing Transition Counselor, maricook@pa.gov

- · Early Reach Coordinator
 - LaRonda Moorefield, Imoorefiel@pa.gov

Workshop Availabilities:

Career Exploration: What do you want to be when you grow up? Soft Skills Academy: Important skills for Employment and Everyday Life The Ins and Outs: Applications, Resumes & Interviewing Transition Planning Self-Advocacy: Getting what you need, how you need it Self-Awareness: It's all about you! Jeopardy: What do you know about OVR

DIRECTORY OF SERVICES

EMPLOYMENT/WORK OPPORTUNITIES

AGENCY	WEBSITE/PHONE NUMBER
Carbon County Career Link, Jim Thorpe (OVR)	
Carbon County Workforce Training, Beaver Meadows	
Fitzmaurice Community Services, Inc.	www.fitzmaurice.org (570) 213-4327
Goodwill, Keystone Area, Allentown	
Human Resources Center, Inc., Saylorsburg	
Impact Systems, Inc.	
Lehigh County Career Link, Allentown	
Living Unlimited, Inc	ing-unlimitedinc.com (800) 310-7776
NHS Human Services of Lehigh Valley Center, Bethlehem	
Private Industry Council, Supported Employment Program, 1	Lehigh Valley
The Arc, Scranton	www.thearcnepa.org (570) 346-4010
VIA of the Lehigh Valley, Bethlehem	

LICENSED DAY HABILITATION PROGRAMS

(formerly known as Adult Day Programs)

AGENCY	WEBSITE/PHONE NUMBER
Access Services (Allentown, Bethlehem, Lehighton, Tama	aqua)www.accessservices.org
Access Services - Lehigh Valley Office, Bethlehem.	
A.L.I.V.E. (A Life in Vivid Expression), Allentown	
http://www.persondirectedsupports.com	
C.A.R.E.S. (Community and Residential	
Empowerment Services), Jim Thorpe	www.cares4u.org (570) 249-4777
Community Services Group/Concepts, Bethlehem	
Community Services Group/Concepts, Schnecksville	
Goodwill, Keystone Area, Allentown	
G.R.O.W.T.H.	
(Gaining Respect and Opportunity with Teaching an	nd Hope) rhd.org (484) 298-1333
Keystone Community Resources, Lackawanna County	
SPIN	www.spininc.org (610) 625-1222
Lifepath, Bethlehem	(610) 264-5724
NHS Human Services of Lehigh Valley Center, Bethlehen	n(610) 866-8331
SarahCare of the Lehigh Valley	
SPARC Program, Bethlehem	
The ReDCo Group, Lehighton	