
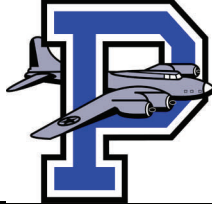


PALMERTON Area LUNCH MENU *S. S. Palmer Elementary*
AUGUST/SEPTEMBER 2009



On Site Food Service Director:
 Krista Avillion, extension 2218

MON	TUE	WED	THU	FRI
		8/26 Baked Chicken Nuggets Star Shaped Soft Pretzel Steamed Green Beans Assorted Fruits & Milk	8/27 Cheeseburger on Bun Baked Beans Fresh Watermelon Wedge Milk	8/28 Soft Shell Chicken Taco w/ cheese, salsa, lettuce, tomato Assorted Fruits & Milk
8/31 Shredded BBQ Pork on Bun Corn Cobbette Assorted Fruits & Milk	9/1 Cheese Steak Hoagie Steamed Green Beans Assorted Fruits Milk	9/2 Chicken Patty on Bun Steamed Sweet Peas Assorted Fruits Milk	9/3 Potato & Cheese Pierogies Steamed Carrots Assorted Fruits Milk	9/4 Buttermilk Pancakes w/ Sausage & Syrup Hot Apple Slices 100% juice & Milk
9/7 LABOR DAY SCHOOL IS CLOSED	9/8 Pasta w/ Meat sauce & Italian Bread Tossed Garden Salad Assorted Fruits & Milk	9/9 French Bread Pizza Steamed Corn Assorted Fruits Milk	9/10 Chicken BBQ on Bun Baked Beans Assorted Fruits Milk	9/11-COOKIE DAY! Beef Ravioli w/ Italian Bread Tossed Salad Assorted Fruits & Milk *Cookie*
9/14 American Hoagie Fresh Carrot Sticks w/ dip Fresh Fruit Milk	9/15 Hard Shell Turkey Tacos w/ cheese, lettuce, tomato, salsa Assorted Fruits & Milk	9/16 Pepperoni Pizza Steamed Broccoli Assorted Fruits Milk	9/17 Chicken Sticks w/ Dinner roll Steamed Corn Assorted Fruits & Milk	9/18 Toasted Cheese Sandwich w/ Tomato Soup & Crackers Assorted Fruits & Milk
9/21 Nachos Chips w/ Seasoned beef, cheese, lettuce, tomato, salsa Assorted Fruits & Milk	9/22 Macaroni & Cheese Trout Treasures Stewed Tomatoes Assorted Fruits & Milk	9/23 TEACHER IN-SERVICE NO SCHOOL FOR STUDENTS	9/24 Stuffed Crust Pizza Tossed Salad Frozen Fruit Cup Milk	9/25 Meatball Hoagie Baked Crispy Fries Assorted Fruit Milk
9/28 Baked Chicken Nuggets w/ Dinner Roll Steamed Green Beans Assorted Fruits & Milk	9/29 Hot Dog on a bun Steamed Carrot Coins Assorted Fruits Milk	9/30 Sloppy Jo on Bun Steamed Peas Assorted Fruits Milk	<u>FRUIT CHOICES:</u> ❖ Canned Fruit ❖ 4oz 100% juice cup ❖ Fresh Fruit	<u>Milk Variety:</u> 2% White, 1% White, 1% Chocolate, 1% Vanilla, 1% Strawberry, Skim

Other Daily Selections

Week 8/26 to 8/28:
 Cheese Pizza
 PB & Jelly Sandwich

Week of 8/31 to 9/4:
 Hot Ham & Cheese
 Bagel
 Turkey & Cheese Wrap

Week of 9/8 to 9/11:
 Hot Dog on a roll
 Ham & Cheese
 Sandwich

Week of 9/14 to 9/18:
 BBQ Rib Patty on roll
 PB & Jelly Sandwich

Week of 9/21 to 9/25:
 Chicken Patty on Bun
 Bologna & Cheese on Bun

Week of 9/28 to 9/30:
 Cheese Pizza
 PB & Jelly Sandwich

OFFERED DAILY

**8oz Yogurt w/ roll
 Chef Salad w/ roll**