



Palmerton Area Jr/Sr High School Lunch Menu August/September



The Grill

Mon: BBQ Rib Patty on a bun
Tues: Meatball Hoagie
Wed: Hot Ham & Cheese on Pretzel Bun
Thurs: Veal parmesan on a bun
Fri: Macaroni & Cheese w/ stewed tomatoes & roll

Offered Daily
 Cheeseburger
 Hamburger
 Baked Fries

*Note: 1st day of school is a Wednesday

Lunch By Design

Mon: Pasta w/ Meatsauce or sausage
Tues: Pasta w/ Meatsauce
Wed: Pasta w/ Meatsauce
Thurs: Pasta w/ Meatsauce or Meatballs
Fri: Pasta w/ Alfredo or Meatsauce
 All pasta served w/ bread item

Daily
 Hard, Soft Tacos or Nacho Grande w/ choices of toppings
 *Note: 1st day of school is a Wednesday

Comfort Foods

8/26 Hot Turkey Sandwich
 8/27 Grilled Cheese & tomato soup
 8/28 Cheese Steak Hoagie
 8/31 Sloppy Jo on Bun
 9/1 Baked Sicilian Sandwich
 9/2 Grandma's Chicken Noodle Casserole w slice of bread
 9/3 Tuna Melt
 9/4 Chicken & Waffles
9/7 Labor Day—No School
 9/8 Grilled Ham and Cheese Sandwich
 9/9 Pierogies w PB celery
 9/10 Ham & Potato Casserole w bread
 9/11 French Toast Sticks w Tator tots
 9/14 Chili Dog
 9/15 Salisbury Steak w/ mashed potatoes
 9/16 Chicken Stir Fry
 9//17 Turkey Noodle Casserole w/ bread
 9/18 Fish Sandwich w/ cheese
 9/21 Oven Baked Ham Slices w scalloped potatoes
 9/22 Swedish Meatballs Over Noodles
9/23 Teacher In-Service– No School
 9/24 Chicken Quesadilla w Bread
 9/25 Beef Stroganoff w Bread
 9/28 Texas Cheeseburger
 9/29 Chicken Fajitas w rice
 9/30 Loaded Baked Potato

Lunch Prices- Paid: \$1.90 Reduced \$0.40

Adult Lunch Price-\$2.80

Also Available: Assorted Hoagies
 Assorted Wraps and Assorted Salads

Questions or comments, please contact
 on-site Food Service Director: Krista Avillion, ext 2218

**Milk Choices: 2% White, 1% White, 1% Chocolate, 1% Vanilla,
 1% Strawberry, Skim**

Grab N' Go

Mon:
 Breaded Chicken Sandwich,
 *BBQ Chicken Nuggets
Tues:
 Buffalo Chicken Sandwich,
 *Chicken Nuggets
Wed:
 Grilled Chicken Sandwich,
 *Popcorn Chicken
Thurs:
 Chicken Cheesesteak,
 *Teriyaki Nuggets
Fri:
 Chicken Parmesan Sandwich,
 *Chicken Fritters

*Served w/ Bread Item
BAKED FRIES AVAILABLE

*Note: 1st day of school is a Wednesday

Favorites

Cheese Pizza
 Pepperoni Pizza
 "Specialty Pizza"
 (changes daily)
 Baked Fries