



**PALMERTON AREA**  
**Towamensing ELEMENTARY**



**ALTERNATE SELECTIONS**

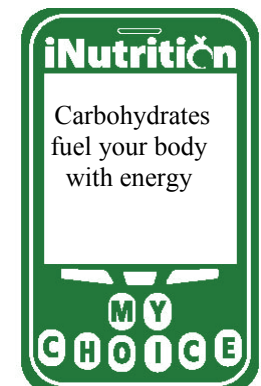
MON	TUE	WED	THU	FRI
11/2 Penne Pasta w/ Meat sauce & Bread Tossed Salad Mixed Fruit & Milk	11/3 Popcorn Chicken, Mashed Potato, Corn Bowl w/ bread Sweet Pineapples Milk	11/4 Grilled Cheese w/ Tomato Soup Steamed Green Beans Pineapples & Milk	11/5 Chicken Stir-Fry Over Rice w/ Oriental Vegetables Fresh Fruit Slices Milk	11/6 Tator Tot Bake w/ Bread (seasoned gr. beef, tator tots, cheese, seasonings) Cinnamon Pears Milk
11/9 Chicken Cheese Steak Hoagie Baked Fries Peaches w/ Topping Milk	11/10 Hot ham & Cheese Mixed Vegetables Mandarin Oranges Milk	11/11 Baked Chicken Patty on Bun Steamed Broccoli Fruit Parfaits Milk	11/12-Thanksgiving lunch Grades: 3rd, 4th, 6th ***** Other grades: 8oz yogurt or cheeseburger, turkey & cheese wrap, vegetable, fruit & milk	11/13Thanksgiving lunch Grades: Kind., 1st, 2nd, 5th ***** Other grades: 8oz yogurt or cheeseburger, turkey & cheese wrap, vegetable, fruit
11/16 Mini Corn Dogs Carrot Coins Rosy Applesauce Milk	11/17 Meatball Hoagie Green Beans Mixed Fruit Milk	11/18 Chicken Fajita Wraps w/ Salsa Steamed Corn 100% Juice Bar Milk	11/19 Macaroni & Cheese w/ Stewed Tomatoes & Bread Mandarin Oranges Milk	11/20 Swedish Meatballs Over Noodles w/ Bread Celery Sticks w/ dip Diced Peaches Milk
11/23 Early Dismissal No Lunch Service	11/24 Early Dismissal No Lunch Service	11/25 Early Dismissal No Lunch Service	11/26 Thanksgiving Vacation No School	11/27 Thanksgiving Vacation No School
11/30 Thanksgiving Vacation No School		MENU SUBJECT TO CHANGE		
	Go for Grains! Whole grains keep your body healthy. Nutrition, Inc. strives to include whole grain foods at both breakfast and lunch.			<b>MILK VARIETY:</b> 2% White, 1% White 1% Chocolate, 1% Vanilla, 1% Strawberry, Skim <b>SKIM</b>

**Monday:**  
**Chicken Strips w/ bread**

**Tuesday:**  
**Cheese Burger**

**Wednesday:**  
**Hot Dog on Bun**

**Thursday:**  
**Cheese Steak Hoagie**



**On-Site Foodservice Director: Krista Avillion**  
**Extension 2218**