




**PALMERTON AREA
Towamensing ELEMENTARY
MARCH 2010 Lunch Menu**



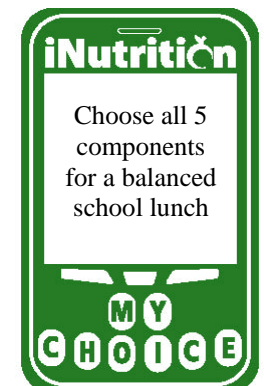
ALTERNATE SELECTIONS

**Monday:
Cheeseburger**
**Tuesday:
Chicken Nuggets w/
Bread**
**Wednesday:
Cheese Steak
Hoagie**
**Thursday:
Hot Dog on Bun**
**Friday:
Cheese Pizza**

M O N	T U E	W E D	T H U	F R I
3/1 Sloppy Jo on a bun Baked Fries Pineapples Milk	3/2 Open Faced Hot Turkey Sandwich w/ gravy Mashed Potatoes Rosy Applesauce Milk	3/3 Grilled Ranch Chicken on bun Broccoli w/ cheese sauce Diced Pears Milk	3/4 Pork Stir-fry over rice w/ oriental vegetables & bread Mandarin Oranges Milk	3/5 Grilled Cheese w/ tomato soup & crackers Seasoned Green Beans Mixed Fruit Milk
3/8 Chicken Cordon Bleu Casserole w/ Bread Carrot Coins Applesauce Milk	3/9- <u>Breakfast for Lunch!</u> Breakfast Casserole (NEW) Crispy Tator Tots 100% Juice Bar Milk	3/10 Chicken Fajita Wraps w/ salsa Steamed Corn Mixed Fruit Milk	3/11 Pasta w/ Meatballs & Bread Tossed Salad Cinnamon Pears Milk	3/12 Teacher In-Service No School for Students
3/15 Mini Corn Dogs Vegetarian Beans Pineapple Tidbits Milk	3/16 Turkey Pot Pies over Noodles w/ bread Seasoned Green Beans Fruited JELLO Milk	3/17 Popcorn Chicken, Mashed Potato, Corn Bowl w/ bread Peaches Milk	3/18 "Bomber Attack Wrap" (beef patty, special sauce, lett. cheese, pickles, onions) Steamed Corn Fresh Banana Milk	3/19 Pierogies Celery & peanut butter Mandarin Oranges Milk
3/22 Baked, breaded pork patty w/ bread Scalloped Potatoes Pears Milk	3/23 Grilled Ham & Cheese Winter Blend Vegetables Diced Peaches Milk	3/24- NACHOS! Nacho chips, seasoned beef, lettuce & tomato & cheese Seasoned Corn Mixed Fruit w/ topping Milk	3/25 Chicken BBQ Sandwich w/ cheese Steamed Broccoli Fruit Parfaits Milk	3/26 Macaroni & Cheese w/ bread stewed tomatoes Pineapples Milk
3/29 Meatball & Mozzarella Hoagie Peas & Carrots Rosy Applesauce Milk	3/30 Turkey BBQ on bun Baked Seasoned Fries Mandarin Oranges Milk	3/31-Early Dismissal Day No Lunch Service	MILK VARIETY: 2% White, 1% White 1% Chocolate, 1% Vanilla, 1% Strawberry, Skim SKIM	
			Menu is Subject To Change	

DAILY CHOICES

**Triple Decker
PB & J Sandwich
8oz yogurt w/ roll
Fresh Chef Salad**



**On-Site Foodservice
Director: Krista
Avillion**